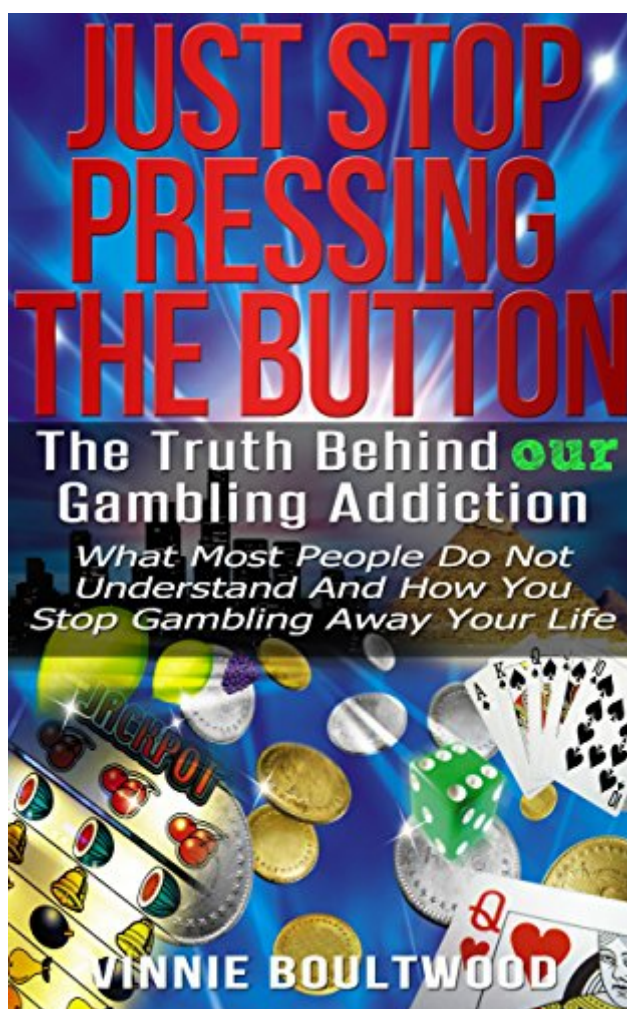


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# Gambling: Just Stop Pressing The Button: The Truth Behind Our Gambling Addiction - What Most People Do Not Understand And How You Stop Gambling Away Your Life





## Synopsis

We Beat The Gambling Industry Because We Didn't Let Them Beat Us Over the past 5 years I have done what most compulsive gamblers do, win early, then start losing, then lie, then chase those losses, then lie again, then get out loans, then max out credit cards, then steal, then lose and then go into complete financial meltdown, emotional exhaustion and loss of self respect, honour and pride. We are misunderstood by most and we have to start working together to beat one of the fastest growing addictions in the world pathological gambling. I want you to know that I am a real recovering compulsive gambler, I do not beat about the bush in this book, I give it to you straight, I have learnt all I can about the addiction and have had some insights into what us gamblers are all about deep down, what are positive qualities are that haven't come out yet and how the end of this addiction could be the start of something great. Right Now Is A True Test Of Your Character, Gambling Has You Down On Your Knees And Its Time To Get Back Up This Isn't one of the those typical how to stop gambling books, I do not just say go to GA meetings I look at are addiction from its roots and then we delve into are personalities, mental health disorders, emotions and the rest. I have designed habits to overcome triggers that lead to gambling sprees, habits to get you back on the right path, 3 pdf documents to plan your week, day and life. I run my website WatchVinnie and I want to create a extensive audience of recovering compulsive gamblers so we can beat this one hell of a bug as a unit. We Are Not As Alone As We Think P.S THIS BOOK IS ALSO AVAILABLE FOR FREE WITH KINDLE UNLIMITED, I KNOW HOW BAD THE FINANCES GET

## Book Information

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## Customer Reviews

This little book is a quick read on an important issue that is now currently the #1 ADDICTION claiming lives by Suicide. And still, it is such a hush, hush addiction. As the author shares some of his own experiences, I would have liked to see a wee bit more facts and maybe a few resources. With that said, he does give us a glimpse of the good, the bad, and the very bad. It will help those who have NO understanding of this disease and how hard it is to recover. He shows the "progressiveness" of this addiction and even the best of us have tried to "control" our gambling, but as you read in the book, usually doesn't go well. It is refreshing to see more people like the author have the bravery and courage to write and share their experiences with gambling, problem and even gambling addiction. I enjoyed reading this one and highly suggest this little read if you want to see how gambling affects many lives in a devastating way ...Columnist, Catherine Lyon

Its pretty good that the author wrote the book through his/her experience. Like for me, it helps me comprehend more of the situation that its not just silly writing in order to have a book. Its somewhat helpful even not just for the huge gamblers on industry but even on our little society. A lot of gambling occurs nowadays. Guess its a must read book, in how to control our self in gambling. Lets have a pause and reflect in this situation and automatically, religiously apply the technique in chapter 5, which is Regaining Control - instant stop is the best way. Because how can we effectively change if we wont stop it. And find the best out us instead of getting involve with this activity or any sort of gambling. Casino lovers and bidders must have read this one and internalize as well.

How a man going to be addicted with gambling this book introduce me. I was also a gambler. I'm trying to give up from this bad habits. this book explained how to give away. Well written.

useless

I'm only giving three stars here to be fair, because I have not read this book. However, if the author

failed to notice the obvious grammatical error in the subtitle of the book, I can only imagine how bad the rest is. Get an editor. That goes for all aspiring self-published authors on Kindle. Get an editor!

Waste of time. It is just a story per se and nothing worth reading to help anyone who might need gambling help

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